

Father Carl Arico Events

October 26-29, 2006

Registration

Dinner only Retreat only Dinner and Retreat

Name _____

Address _____

_____ Zip _____

Phone: Day _____

Night _____

Email _____

Gender (circle one) Male Female

**Please attach any special dietary needs
and emergency contact information to this
form.**

Please mail this completed form and your
check for \$_____ to:

- 1) **Dinner** (\$10 separate from Retreat
cost): Make checks payable to:
Servant Leadership School
Holy Trinity Episcopal Church
607 N. Green Street
Greensboro, NC 27401

Phone reservations: 336-275-0447

Email reservations: rdanderson@triad.rr.com

- 2) **Centering Prayer Retreat Online**
Registration: www.4thdayjourney.org

Telephone Registration: 1-866-797-0966

By Mail: Make checks payable to Nexus
Journey, PO Box 9218, Greensboro NC
27429

- Room Choice: () Triple \$185/person
() Double \$205/person
() Single \$275/person

Roommate

Preference(s) _____

**YOU'RE INVITED TO TWO
CENTERING PRAYER EVENTS LED
BY FATHER CARL ARICO OF
CONTEMPLATIVE OUTREACH LTD.**

**DINNER: 5:30 P.M. THURSDAY
OCTOBER 26, 2006 AT HOLY
TRINITY EPISCOPAL CHURCH,
GREENSBORO, NC**

**CENTERING PRAYER RETREAT:
THURSDAY NIGHT – SUNDAY,
OCTOBER 26-29, 2006, ST. FRANCIS
SPRINGS PRAYER CENTER**



**SPONSORED BY:
4TH DAY RETREAT MISSION GROUP OF
THE NC PRESBYTERIAN PILGRIMAGE
AND
SERVANT LEADERSHIP SCHOOL OF
GREENSBORO**

Who Is Sponsoring These Events?

The purpose of the 4th Day Retreat Mission Group is to provide a quiet space where retreatants can stop, rest, and refresh their spiritual journeys – a space where change and growth can take place. The Servant Leadership School of Greensboro has been offering classes and retreats for the past 15 years on the transformational power of servant leadership to be applied to one's life at home, work and in the world. These two organizations have joined together to sponsor a dinner and weekend retreat focused on centering prayer.

Who Is Father Carl Arico?

Father Carl Arico is the Outreach Director for Contemplative Outreach, LTD, and will speak at the dinner and lead the retreat. Contemplative Outreach is the international ecumenical organization founded by Thomas Keating twenty years ago to share the practice of Centering Prayer. Father Arico, a diocesan priest for 28 years, has spent the last 18 years talking to people all over the world about the power and practice of Centering Prayer. He is known for his humor and clarity in his teaching on Centering Prayer. He also is the author of *Taste of Silence*.

What Are the Details for the Dinner on Thursday, October 26 with Father Arico?

Father Arico will speak and answer questions about Centering Prayer at a dinner at 5:30 p.m. on Thursday night, October 26, 2006 at Holy Trinity Episcopal Church in Greensboro, NC. The public is invited. Reservations should be made no later than two days in advance by sending in the attached form, calling 336-275-0447 (and

leaving a message with your name and the number of people you expect to attend), or by emailing rdanderson@triad.rr.com. The cost of the dinner is \$10.00 per person separate from retreat costs. **You need not participate in the retreat to attend the dinner which will end around 7:00 p.m.**



What are the Details for the Retreat with Father Arico on October 26-29, 2006?

After the dinner at Holy Trinity on Thursday night, Father Arico and most retreatants will drive to St. Francis Springs Prayer Center at Stoneville, NC (about a 40 minute drive from Greensboro.) After a brief Vespers service, the group will retire. The Retreat will reconvene on Friday morning (October 27) and end on Sunday following lunch (October 29). Reservations may be made online on a first-come, first-served basis, by calling 1-866-797-0966 or by completing the form attached which includes contact information.

You need not attend the dinner to participate in the Retreat. Check in time at St. Francis Springs for the Retreat is 8:00 P.M. on Thursday night.

What is the Cost of the Retreat?

The all-inclusive price is as follows:
Triple (three to a room) \$185/person
Double (two to a room) \$205/person
Single (a room to yourself) \$275/person
(Need based scholarships are available)

Where is St. Francis Springs Prayer Center?

St. Francis Springs is a beautiful new inter-faith retreat center located in Stoneville, NC (about a 40 minute drive north of Greensboro). Its mission is to promote spirituality through contemplative prayer and action. The retreat center is located on 140 acres and offers a comfortable, peaceful environment.

What is Centering Prayer?

Thomas Keating describes Centering Prayer as follows:
“Centering Prayer is a method designed to facilitate the development of Contemplative Prayer by preparing our faculties to receive this gift. It is an attempt to present the teaching of earlier times in an updated form. Centering Prayer is not meant to replace other kinds of prayer; rather it casts a new light and depth of meaning on them. It is at the same time a relationship with God and a discipline to foster that relationship. This method of prayer is a movement beyond conversation with Christ to communion with Him.”